

14th Sunday in Ordinary Time July 4, 2010

SUMMER BULLETIN...

During the months of July & August, the parish bulletin will be published every TWO weeks.

COLLECTION June 27, 2010

Kinkora: Regular envelopes \$745.00, Thanksgiving Appeal \$220.00, loose \$35.00, Building Fund \$60.00.

Mitchell: Regular envelopes \$1,122.00, loose \$137.87, Building Fund \$220.00.

Thank you for your generous support!

FIVE STEPS TO A GREAT PRAYER...

- 1) Ask for God's grace to help you pray.
 - 2) Recall the things for which you are grateful, savor them, then give thanks to God.
 - 3) Recall your day as if watching a movie, and ask yourself, *Where did I experience God's presence and accept God's invitation today? Where did I turn away from God today?*
 - 4) Ask for forgiveness for your sins.
 - 5) Ask for the grace to live tomorrow in God's love, then say an 'Our Father'
- More prayer tips at CatholicDigest.com

150TH ANNIVERSARY...

Our Lady of Mount Carmel Parish are celebrating their 150th Anniversary as a parish on **Sunday, July 18th**, with a special Mass at 2:00 p.m. A social time with

entertainment, games and refreshments will follow on the Church grounds with a Chicken BBQ at 5:00 p.m. Tickets are available for the BBQ by phoning the parish office at 519-237-3593. We welcome all former parishioners, relatives and friends to join us.

WORLD YOUTH DAY 2011...

When he met with 70,000 young people in March to help celebrate the 25th anniversary of World Youth Day, Pope Benedict XVI took a few moments to offer some fatherly advice: "In every sport and every profession, in every artistic expression, the art of being human requires self-denial, real self-denial, which helps us not to fall into the abyss of drugs and alcohol, or the slavery of sex and money, or laziness," the pope told the youth gathered in St. Peter's Square, urging them to overcome these obstacles by living a life close to God. Preparations are under way in Madrid to host the 2 million youth who are expected to travel there for World Youth Day in August 2011. Initiated by Pope John Paul II in 1985 as a way to bring young people closer to the Church, WYD activities will include special Masses, concerts, museum tours, parades, and more. For more information, please visit the website at www.madridwyd2011.com *Catholic Digest June 2010*

BECOME A FRIEND OF THE POPE...

Pope Benedict XVI has acknowledged the value of social networking with his May 2009 release of the Vatican Facebook application and Web site **Pope2You.net** at the 43rd World Communications Day. The goal was to promote the pope's message, "New Technologies, New Relationships: Promoting a Culture of Respect, Dialogue and

Friendship" to millions of people, especially youth, by using technology they use.

YOUTH MINISTRY...

Monday, July 5 will be a youth night in Dublin starting at 7 p.m. to 9:30 p.m. All welcome! Those coming to Steubenville that cannot attend the youth night, please contact me at 519-345-2972 X26. I would like to go over a list of things to bring especially PASSPORTS. From July 9-11 we are off to Steubenville, please keep us all in your prayers... On August 7 we will be having a day for all high school (those going into grade 9 as well) and young adults, a "Festival of Praise". There will be lots of music and sharing of many youth in our diocese. Please mark this on your calendar. It should be a lot of fun! There will be further details to come.
Karen Doyle - Coordinator of Youth Ministry

PASTORAL CARE...

If you are interested in receiving a visit from a member of the Pastoral Care Team or Father Paul, or you know of someone who would like a visit (e.g. ill, recuperating or unable to get out), please call Father Paul at 519-345-2972 ext 21 or Veronica Kolkman at 519-347-2689. We are available to bring the Holy Eucharist to your home.

PARENTING TIP (JULY)...

Tip #45 – Celebrating Family: In July we celebrate Canada, its history, values, cultures and traditions. It's a good time to remind ourselves to celebrate our own families. Teach your children what is important about your family's traditions, history, values and faith. Encourage them to honour and love who they are as family. (From: Teresa Hartnett, Office for Ministry, Family and

Religious Education; 905-528-7988 ext 2250).

MARRIAGE TIP (JULY)...

Tip #25 – Communication - the key is to make it an on-going part of your relationship. Sharing news, complimenting each other and discussing issues as they arise keeps us connected and prevents difficulties from piling up and becoming more difficult to resolve. Regular communication is a great maintenance plan for your marriage! (From: Teresa Hartnett, Office for Ministry, Family and Religious Education; 905-528-7988 ext 2250).

CANCER SUPPORT...

Wellspring Stratford is located at 48 Well Street in Stratford. Wellspring provides a range of programs and services with the aim of meeting the social, emotional and informational needs of those living with cancer and those who love them. No referral is needed and all programs are free. It is run by volunteers with personal experience in living with cancer. It is open Monday to Friday from 1:00 to 4:00 p.m. Walk in or contact them at 519-271-2232 or www.wellspringstratford.ca.

AN ACT OF SPIRITUAL COMMUNION

"My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things; and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

